



**MIDDLESEX  
COUNTY RFU**

Bringing people **together**  
to enjoy rugby.

**President:  
Peter Baveystock**

## Middlesex Club 7s 2023 Invitation

20th February 2023

To all Middlesex Clubs

This is your club's invitation to the revitalised Middlesex All Club Sevens 2023. The Middlesex Sevens competition is back in style with a new format!

The primary change is that the whole day has been designed around the needs of our County's clubs. It's your festival and we plan for every one of you to enter at least one of the competitions.

The second big change is that this should cost you nothing! There is a registration fee, but it will be returned on the day in the form of cash vouchers for food or the bar.

**The date is Saturday 13th May 2023**  
**The venue is Grasshoppers RFC**  
**The registration fee is £120 per team (£100+VAT)**  
**There will be three competitions**  
**Male Open**  
**Female Open**  
**Male Social**

[Get me in Now!](#)

There will be plenty of rugby for everyone. After the group stages, teams will compete for either the main Cup, Plate or Bowl Trophy in the Men's Open competition, the Vase, Shield and Jug Trophies in the Men's Social competition, or the Flynn Rose bowl for the Women's Open competition.

We are still working on the prizes but aiming to include – Stash, Playing Shirts, Match Balls and bragging rights to be the best 7's team in the county.

Clubs can enter as many teams as they like into the competitions.

For registration, please click on the blue button above and then make payment for the number of teams your club is entering by **Friday 10th March 2023**.

Account: Middlesex County Rugby Football Union Ltd  
Sort Code:30-92-82  
Account No:01066848  
Reference:'M723- [club]'

Eddie Keal, Chair, Middlesex County RFU

KEEP UPDATED  
FOLLOW US ON :

[Middlesexrugby.com](http://Middlesexrugby.com) [@MiddlesexRugby](https://www.facebook.com/MiddlesexRugby) [@MiddlesexRFU](https://twitter.com/MiddlesexRFU) [@MiddlesexRugby](https://www.instagram.com/MiddlesexRugby)

Twyford Avenue Sports Ground, Twyford Avenue, Middlesex, W3 9QA  
tel: 020 8896 3400 email: countyoffice@middlesexrugby.com www.middlesexrugby.com

Middlesex Rugby is the operating name of Middlesex County Rugby Football Union Ltd. Registered in England no. 29174R  
Registered Office: Sproull & Co, First Floor, Jebson House, 53-61 High Street, Ruislip, Middlesex HA4 7BD // VAT NO.223174395